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MARY



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Making up for spring

sophisticated sultry/oriental style or the understated femininity of the sweet look.

But whatever face you choose to reveal to the world it is important firstly to create a perfect base. This is achieved by using foundation, concealer and highlighter.

"The key to great looking make-up is a flawless complexion," according to Patricia Wynne and Joan Delaney who recently set up Studio Four, a designated make-up studio in Drum East (beside Salthill Devon FC) in Rahoon. It runs make-up courses designed to teach women how to apply and wear make-up confidently.

"After cleansing, toning and moisturising apply foundation, keeping colour to skin tone be it your natural skin tone or one enhanced by false tan. The idea is to create a luminous dewy finish, check out Chanel's Vitalumiere foundation or Giorgio Armani's Hydra Glow foundation."

When applying foundation, blend it from the middle outwards. The excess may be applied under and around the eye area therefore creating an even base all over.

"A tip to create a perfect base is to use a foundation brush which can be purchased at any cosmetic counter. For any dark shadows or blemishes concealer is applied directly onto the specific area after foundation either using a concealer brush or finger. Following this, highlighter is then applied under the eye area, for example Touch Eclat by Yves

Saint Laurent. This may also be applied in shadow areas, such as nose to mouth lines. Finally, set with translucent powder."

They advise women to pay attention to their eyebrows. Shaping them or just tidying them up can have a huge impact on your face.

"If the area beneath your brows is hair free - and the arch is ever so slightly enhanced - it has the effect of 'opening' up your eyes and making the area look fresher. The overall effect can take years off your face."

Creating the sultry/oriental look

EYES

Line the eyes with kohl pencil (black, brown, charcoal grey or navy) on both the upper and lower rims, smudging into the lashline. Apply a cream shadow such as Mac Llama over the entire eyelid. This will help to soften the "edge" of the eye pencil. Finish with a light coat of black mascara which will add definition such as L'Oreal Lash Architect 3-D Dramatic Mascara.

LIPS

Lips are lined with a medium flesh-toned pencil followed by a red lip colour which is blotted and re-applied. Try Mac's Orientalism in Tassle lipstick.

To complete this look, apply a

coat of Chanel's Nail Enamel in Shanghai Red.

CHEEKS

Apricot or peachy powder blushes are used on the temples and cheeks, ie, Mac Powder Blush Style.

Achieving the romantic/sweet look

Use foundation/concealer/highlighter as above.

EYES

Use soft shades of lilac, pale blue or pale violet, advise Patricia and Joan.

"A good palette for this look is Lancôme's Color Focus Palette 4 Ombres 312 L'amante du matin. Apply a lighter shade over the entire eye lid followed by a darker shade in the socket area blending outwards. Line the eyes with kohl pencil - Lancôme's Anis 11 - on both the upper and lower rims, taking it into the inner fleshy part of the eye, if desired. Finish with a light coat of mascara."

CHEEKS

Either a bronze or pink toned blusher complements this look, eg, the new soft pink blush from Christian Dior No 608. Sweep blusher on the apple of the cheeks



Patricia Wynne and Joan Delaney of Studio Four in Drum East

and back along the cheek bone.

Apply a soft pink/nude lip liner, ie, Estee Lauder's Natural. Gently define the centre of the top lip's cupid's bow and progress down along the natural lip line.

Work from the outside in when applying lip liner on the bottom lip. Apply a coat of lipstick, blot with a tissue and apply a second coat such as Christian Dior's soft pink number 553. Apply a gloss to complete the look - Lancôme has a good selection in its Juicy Tube range.

A coat of Creative True Enamel Rose Bud on the nails will add the finishing touch.

MAKE-UP NO, NOS

• Never wear a foundation that does not exactly match your skin colour.

• Do not use an oil based foundation if you have oily skin.

• Never use a concealer that is darker than your skin - it should be one shade lighter.

• Do not wear dark matt lip colour if you have got thin lips - it will make them look much thinner.

• Never layer mascara once applied and set as this will create clumpy lashes.

Selecting a foundation to suit your age

TWENTY SOMETHING

Your skin may never look this good - naturally - again so make the most of it. Use a light coverage foundation and perhaps a concealer to give extra coverage in certain areas. Studio Four recommends Lancôme's Colour ID Foundation.

THIRTY SOMETHING

"The widest choice of foundation is available for this age group," according to Patricia and Joan. "A sheer/medium coverage foundation should be sufficient, ie, Mac Studio Tech foundation."

FORTY-NINE PLUS

Mature skins need foundation wherever there are shadows, darkness or broken veins, they say. "Areas to concentrate on are the innermost corner of the eye, the inner half circle of the eye or broken veins on either side of the nose."

Look out for a foundation with extra moisturiser in it perhaps a lifting, firming foundation with good coverage, ie, Clinique's Dewy Smooth anti-ageing make-up and Lancôme's Absolu Teint.



After cleansing, toning and moisturising apply foundation. This should be as close to your natural skin tone as possible, advise Patricia and Joan of Studio Four.